

April 2026



AHEPA MOUNT-ROYAL CHAPTER CJ7 NEWSLETTER

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Presidents Message



“Fraternity is the fuel that allows common people to produce uncommon results.”

Dear Brothers,

AHEPA has long stood as a beacon of Hellenic values, fostering unity, service, and cultural pride within our communities. Rooted in the ideals of brotherhood, philanthropy, and civic responsibility, AHEPA continues to bring together generations of members who are dedicated to strengthening our shared heritage while making a meaningful impact in society. Through its enduring mission, the organization reminds us that together, we are stronger.

As we celebrate this joyous season, we extend our warmest wishes to all our brothers and sisters for a happy Easter. This time of renewal and hope is especially meaningful as we prepare for the upcoming Greek Easter, a cherished moment that unites families and communities in faith, tradition, and celebration. May this sacred season fill your homes with peace, love, and light.

Above all, AHEPA is about brotherhood—the unbreakable bond that connects us beyond borders and generations. It is through this spirit of camaraderie and mutual support that we continue to grow and thrive as a community. Let us carry this spirit forward, uplifting one another and honoring the values that define us. Wishing you all a blessed Easter and a joyful Greek Easter surrounded by family, friends, and fellow brothers.

Timothy P. Tzanakos,
President, AHEPA Montreal

Chapter Meeting

Tuesday, April 28, 6:30 P.M.

Holly Cross Church
4865 Chem. du Souvenir,
Laval, QC., H7W 1E1

Meeting Agenda

1. Call meeting to order
2. Opening prayer
3. Roll call of officers
4. Minutes of previous meeting
5. Business arising from the minutes
6. Correspondence
7. Bills against the lodge
8. Reports
 - Treasurer’s report
 - Home Fund report ...
9. Delegates
10. Committees
 - HHT committee
 - Golf committee
 - Event committee
 - >Dance night? ...
 - >Comedynight (Tsarouchas?)
 - >Masquerade ball?
11. For the good of the order
 - Membership dues invoices
12. Closing prayer
13. Closing of the meeting

Greek Independence Day at the National Gallery, Ottawa (March 26)

Yesterday evening, I had the distinct honor of attending the 205th Anniversary of the Independence Day of Greece, a memorable celebration graciously hosted by Ambassador Ekaterina Dimakis at the elegant National Gallery of Canada in Ottawa.

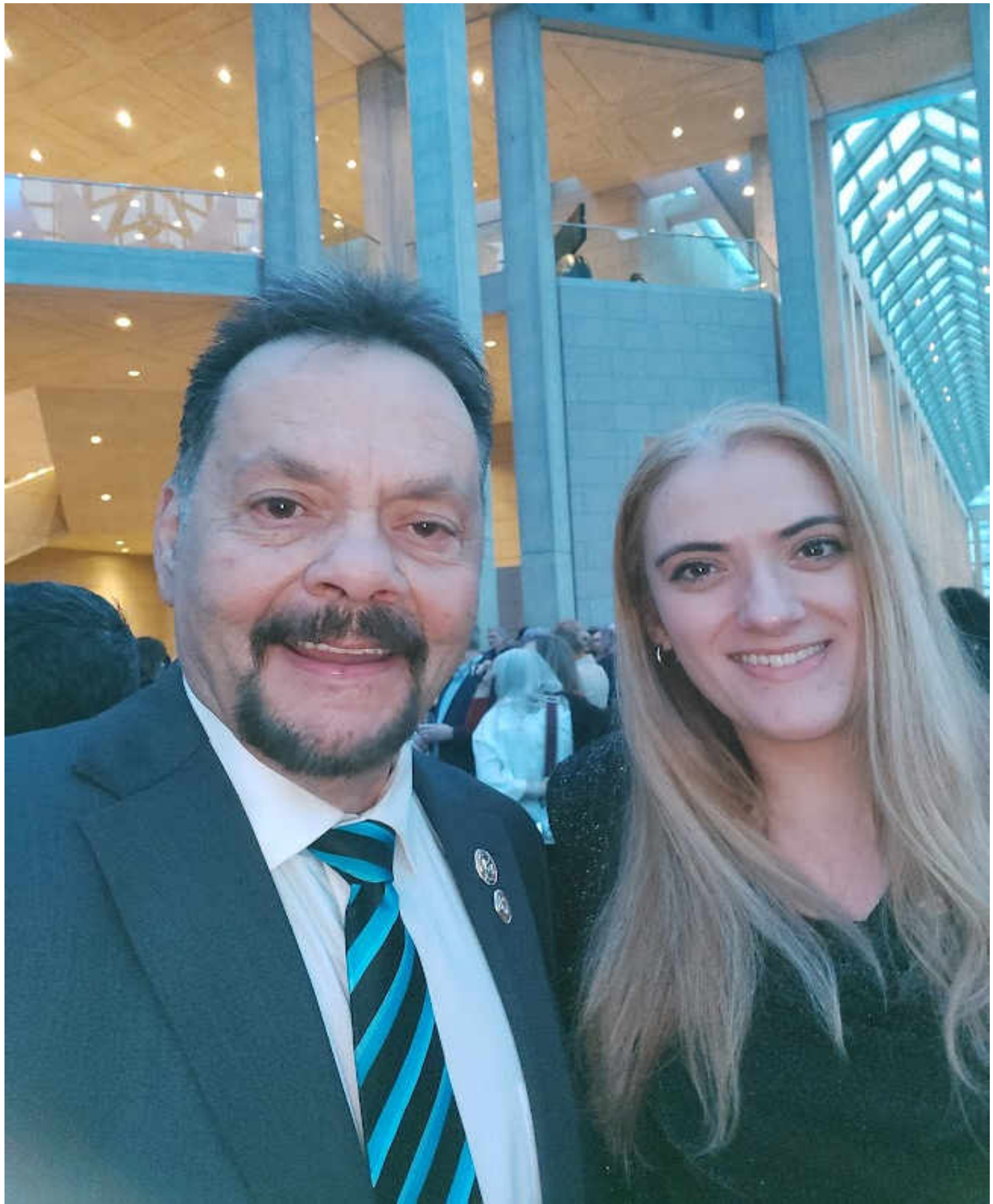
The evening brought together distinguished guests, members of the diplomatic corps, and proud members of the Greek community to commemorate this historic milestone. The setting itself added a sense of grandeur and cultural appreciation that perfectly complemented the significance of the occasion.

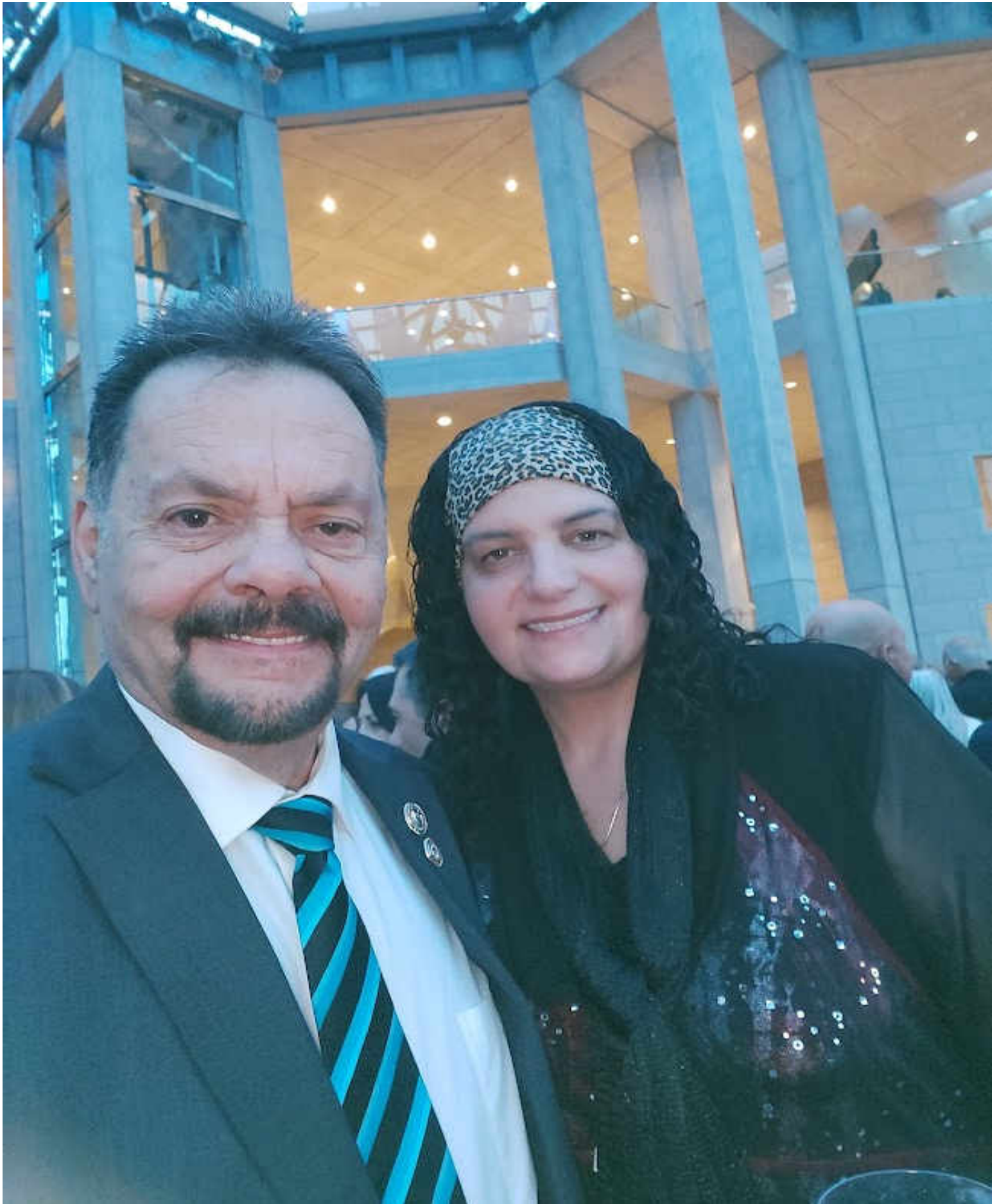
The celebration paid tribute to Greece's enduring legacy of freedom, resilience, and cultural heritage since the Greek War of Independence. Ambassador Dimakis delivered thoughtful remarks highlighting the strong ties between Greece and Canada, as well as the importance of preserving Hellenic values for future generations.

The evening was filled with warm conversations, a shared sense of pride, and a deep appreciation for the sacrifices that led to Greece's independence, making it both a meaningful and unforgettable experience.









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Gala Dinner hosted by the HCGM
(March 28)

It was my distinct pleasure to attend the Gala Dinner hosted by the Hellenic Community of Greater Montreal on the occasion of Greek Independence Day at Chateau Royal in Laval, Quebec with Bro., Anastasios Mousas, President of AHEPA Canada.





Greek Independence Day parade

(March 29)

The Greek Independence Day celebrations continued today with our Canadian President Anastasios Moussas , beginning with a vibrant parade at 1:00 P.M. that brought the community together in a spirited display of pride and heritage.

Following the festivities, attendees gathered to enjoy a traditional lunch of Μπακαλιάρος και σκορδαλιά (cod and scordalia) at the Kefalonian House (Κεφαλονίτικο Σπίτι), where the warm atmosphere and shared cultural traditions made for a memorable experience. The event drew a large turnout, reflecting the strong sense of unity and celebration within the community.

Zito i Ellada (Ζήτω η Ελλάδα)!!









SILENCE BETWEEN US

A FATHER'S WAR, A SON'S VOICE

by Vasilios Sioulas

BOOK LAUNCH

"A story of war, resilience, and the enduring power of love."

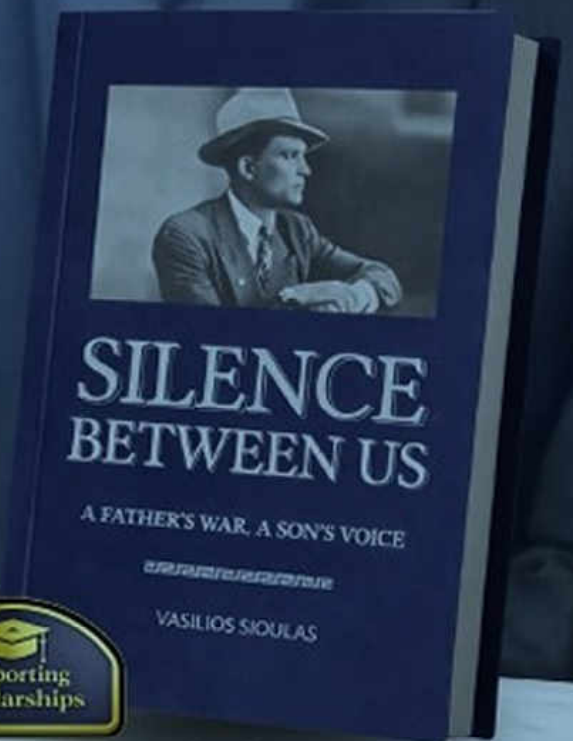
📍 MONTREAL
April 15, 2026 | 6:30 PM
Hellenic Community of Greater Montreal
5777 Wilderton Avenue

📍 OTTAWA
April 29, 2026 | 6:30 PM
Hellenic Banquet Centre
1315 Prince of Wales Drive

📍 HALIFAX
May 10, 2026 | 12:30 PM
St. George's Greek Orthodox Church and
Community Centre
1146 Purcells Cove Rd

📍 TORONTO
May 22, 2026 | 6:00 PM
Sheraton Parkway Toronto North
600 Highway 7, Richmond Hill

★ COMING SOON...
Vancouver, BC
London, ON





Montreal's Daughters of Penelope Chapter 168 invites you to their 2026

Meandros Talks Session

Beyond the Ribbon: Real Talk on Breast Health

In collaboration with

Fondation du
Centre Universitaire
de santé McGill



McGill University
Health Centre
Foundation

and



Dr. Sarkis Meterissian, MD, M.Sc., FRCS, FACS
MUHC Breast Cancer Director
Guest speaker



Sunday, April 26th, 2026
from 1:30 to 4:30pm



Research Institute Atrium
at the MUHC
1001 Bd Décarie
Montréal, QC H4A 0B1

FREE PARKING

available in the patients and visitors parking lot

*Get the facts straight from the source.
Join us for a deep dive into the latest in breast health and research.
Don't miss the chance to join the Q&A
following the presentation!*

Cost: **\$50** (partial tax deductible receipt issued)

RSVP by April 17th, 2026

*Tickets not sold at the door
- online only -*

Funds to benefit the
McGill University Health Centre
Breast Clinic Wellness Program



Raffle Prizes to win!

Coffee/Tea and light desserts will be served.



WWW.DOPMONTREAL.ORG

Clarification needed? Call Antonia 514-653-8951



Χρόνια πολλά
Υγεία και Ειρήνη!

Καλό

Πάσχα





Canadian Order of AHEPA District 23 7th Annual Hellenic History Tournament co-hosted by the EMSB

Commission scolaire English-Montreal
English Montreal School Board



Saturday April 25th, 2026 Registration at 10AM, Competition begins at 11AM

LaurenHill Academy Junior Campus

2355 rue Decelles, Saint-Laurent, QC H4M 1C2

Jeopardy-like competition for teams of three students of grade 8-12
Questions from the book *'Hellenika: Heritage and History'* by Peter Limber



Win \$5,500 in cash prizes

First and Second place teams invited to compete for \$10,000 USD at the International Hellenic History
Tournament **July 26 - 31, 2026** at the Sheraton Philadelphia Downtown Hotel.

Enter TODAY at AHEPA.CA/HHT



Compliments Of
James Hutchison, PDG
Vice-President, Canadian Order of AHEPA (COA),
Chairman, AFCFC Foundation

Nicolas Sakkas

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