



**AHEPA MOUNT-ROYAL CHAPTER CJ7 NEWSLETTER**

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**Presidents Message**



***“God has signed the freedom of Greece and will not take his signature back.”***

*(Theodoros Kolokotronis)*

Dear Brothers,

As Greek Independence Day approaches on March 25th, AHEPA Montreal is preparing to proudly celebrate the spirit, history, and enduring legacy of Hellenism. This important day commemorates the start of the Greek War of Independence in 1821, when the Greek people rose up to reclaim their freedom and preserve their cultural identity.

For AHEPA Montreal, the celebration is more than a remembrance of history—it is a reaffirmation of the values of freedom, faith, heritage, and community that unite Hellenes across generations. Members and families come together to honor the courage and sacrifice of those who fought for Greece’s independence while celebrating the rich traditions that continue to inspire pride within the Greek diaspora.

As the blue and white flags rise and the community gathers in celebration, AHEPA Montreal once again demonstrates its commitment to preserving Hellenic culture and passing it on to future generations. Ζήτω η Ελλάδα!

Timothy P. Tzanakos,  
President, AHEPA Montreal

**Chapter Meeting**  
(Pizza Will Be Served)

Sister Alexandra’s Office  
3700 Rue Griffith, Suite 41  
Saint-Laurent, QC H4T 2B3  
**Tuesday, March 24, 6:30 P.M.**

**Meeting Agenda**

1. Call meeting to order
2. Opening prayer
3. Roll call of officers
4. Minutes of previous meeting
5. Business arising from the minutes
6. Correspondence
7. Bills against the lodge
8. Reports
  - Treasurer’s report
  - Home Fund report ...
9. Committees
  - HHT committee
  - Event committee
    - >Dance night?
    - >Comedy night?(Tsarouchas?)
    - >Masquerade ball?
    - >Book launch (Bro. Bill Sioulas, April 15)
10. For the good of the order
  - Membership dues invoices
11. Closing prayer
12. Closing of the meeting

25

MARCH

HAPPY

GREECE

INDEPENDENCE DAY





COMMUNAUTÉ HELLÉNIQUE DU GRAND MONTRÉAL  
ΕΛΛΗΝΙΚΗ ΚΟΙΝΟΤΗΣ ΜΕΙΖΟΝΟΣ ΜΟΝΤΡΕΑΛ

*À l'occasion de l'anniversaire  
de la Fête nationale de la Grèce (25 mars 1821)*

*le président,  
Me. Basile Angelopoulos,  
et les membres du Conseil d'administration  
de la Communauté hellénique du Grand Montréal  
ont le plaisir de vous inviter :*

***le samedi 28 mars 2026***

***à 11 h 00 Dépôt de couronnes*** au cénotaphe,  
1333 Bd. Chomedey, Laval

***le samedi 28 mars 2026***

***18 h Dîner officiel*** au Château Royal  
3500 Boul du Souvenir Laval  
prix du billet 120\$

***le dimanche 29 mars 2026***

***à 10 h 30 Doxologie*** à l'église Evangelismos Tis Theotokou  
777 rue St. Roch, Montréal

***à 13 h 00 Défilé*** sur la rue Jean-Talon, Montréal

***à 18 h 00 Réception***

*organisée par la Communauté hellénique du Grand Montréal en collaboration avec  
le Consulat général de la Grèce à Montréal,  
à la salle de banquet du Château Royal, 3500 Boul du Souvenir Laval*

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***Pour acheter votre/vos billet(s) pour le dîner officiel :***

***Scannez le QR code ou cliquez sur le lien :***

***<https://www.zeffy.com/en-CA/ticketing/greek-independance-day-gala>***

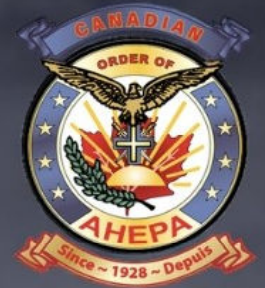


# BOOK Launch

## Silence Between Us

by Vasilios Sioulas

SPONSORED BY



Wednesday  
April 15, 2026



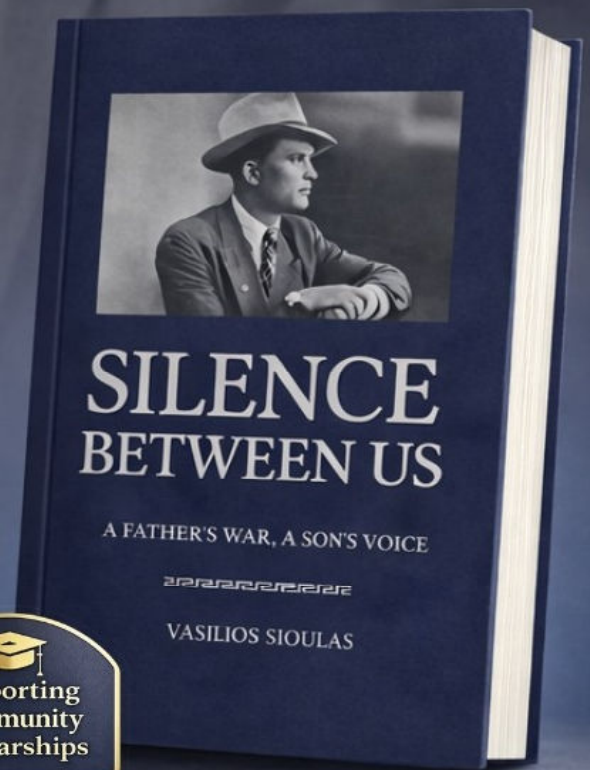
Doors Open 6:30 PM  
**PHILINOS OUEST**  
983 Boul. Saint-Jean  
Pointe-Claire, QC

★ Signed Copies Available

Join us for the launch of  
*Silence Between Us.*

A powerful story of resilience,  
gratitude, and family.

[www.SilenceBetweenUs.ca](http://www.SilenceBetweenUs.ca)







## Founders Day

Hosted by:

[Daughters of Penelope](#)  
[Meandros Chapter 168](#)



Dear Sisters and Brothers,

Join us for a day of reflection, community, and celebration at the [Monastery of the Virgin Mary the Consolatory](#) as we commemorate the founding of the Daughters of Penelope.

On **Sunday, March 15<sup>th</sup>, 2026 at 9:00am**, we will gather to honor the legacy and contributions of this esteemed organization, dedicated to promoting Hellenism, Education, Philanthropy, Civic Responsibility, Family & Individual Excellence. The day's events at the monastery will begin with **Divine Liturgy (Artoklasia) followed by light refreshments offered by the nuns.**

All are welcome to attend and share in the joy and spirit of this special occasion. We look forward to coming together to celebrate the Daughters of Penelope and their ongoing mission to inspire and empower individuals of Hellenic descent.

\*Please share this invitation with your junior orders.\*

Following our visit to the Monastery, we will have lunch at [Olive Restaurant](#) located at 481 Rue Principale, Lachute, Qc J8H 1Y5.

Date: Sunday, March 15<sup>th</sup>, 2026

Time: 9:00am

Location: [Monastery of the Virgin Mary the Consolatory](#), 827 chemin de la Carrière, Brownsburg-Chatham, Quebec, J8G 1K7.

Join us for an unforgettable day of fellowship, cultural enrichment, and celebration!

Anyone who wishes to attend the visit to the monastery, the restaurant or both, please **RSVP by Monday, March 9<sup>th</sup>, 2026** by contacting the Chapter Vice-President, **Sister Catherine Varvarikos** at 514 577-4423 or via the chapter's email at [dopmeandros168@hotmail.com](mailto:dopmeandros168@hotmail.com)

No car? No problem! We offer carpooling as a convenient alternative - just let us know if you're interested.

We look forward to seeing you all there!





# Canadian Order of AHEPA District 23 7<sup>th</sup> Annual Hellenic History Tournament co-hosted by the EMSB



**Saturday April 25<sup>th</sup>, 2026** Registration at 10AM, Competition begins at 11AM

**LaurenHill Academy Junior Campus**

2355 rue Decelles, Saint-Laurent, QC H4M 1C2

Jeopardy-like competition for teams of three students of grade 8-12  
Questions from the book '*Hellenika: Heritage and History*' by Peter Limber



## Win \$5,500 in cash prizes

First and Second place teams invited to compete for \$10,000 USD at the International Hellenic History  
Tournament **July 26 - 31, 2026** at the Sheraton Philadelphia Downtown Hotel.

# Enter TODAY at [AHEPA.CA/HHT](http://AHEPA.CA/HHT)



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**BMO**

