



## AHEPA MOUNT-ROYAL CHAPTER CJ7 NEWSLETTER

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### Presidents Message



***“The quality of your life will be determined by the quality of your contribution. When you work to improve the lives of others, your life improves automatically.”***

*Kurek Ashley*

I hope you all had a wonderful and restful summer, filled with time well spent with family, friends, and opportunities to re-charge. Summer is always a season that allows us to step back, reflect, and enjoy life’s simple pleasures, whether it was through traveling, relaxing at home, or pursuing personal interests. These moments are important because they give us the energy and focus we need to take on new challenges with renewed motivation.

Now that summer has come to an end, it’s time for us to get back to business and shift our attention toward the goals and responsibilities ahead. This new season brings with it a sense of fresh beginnings and an opportunity to refocus on what truly matters. Whether it’s completing ongoing projects, planning for future initiatives, or strengthening our collaboration, this is the moment to put our best efforts forward and make real progress together.

As we return to our routines, let’s carry the positivity and energy of the summer into our work. By staying motivated, organized, and united in our purpose, we can accomplish a great deal in the months ahead. The key is to approach each day with clarity and commitment, knowing that the work we do today sets the foundation for tomorrow’s success. Together, let’s make this season a productive and rewarding one.

Timothy P. Tzanakos,  
President, AHEPA Montreal

### Chapter Meeting

Birreria ITALI.CO  
3131 Boulevard Cote Vertu Ouest,  
Saint-Laurent, Quebec H4R 1Y8  
September 24, 2025 @ 6:30 P.M.

### Meeting Agenda

1. Call meeting to order
2. Opening prayer
3. Roll call of officers
4. Minutes of previous meeting
5. Business arising from the minutes
6. Correspondence
7. Bills against the lodge
8. Reports
  - Treasurer’s report
  - Golf Tournament report
9. Committees
  - Golf planning guide committee
  - Christmas party committee
  - Valentine’s ball committee
  - HHT committee
10. For the good of the order
11. Closing prayer
12. Closing of the meeting

## Brother E. Chris Kaitson Elected AHEPA Supreme President

(July 25, 2025)

The Order of AHEPA held the 103rd annual Supreme Convention in Lake Buena Vista, Florida, at Disney's Coronado Springs Resort. Delegates from all over the world journeyed to the "happiest place on earth" to celebrate the culmination of the 2024-25 year, as well as to set things up for the 2025-26 year.

During the convention, Brother E. Chris Kaitson of Houston, Texas, was elected by the AHEPA delegation to serve as the Supreme President.



## **Anastasios Moussas elected president of the Canadian Order of AHEPA (COA).**

(July 25, 2025)

AHEPA's Canadian Order has a new leader. Anastasios Moussas was elected president of the Canadian Order of the American Hellenic Educational Progressive Association (COA) for the 2025-2026 term at the 103rd AHEPA Family Supreme Convention in Orlando, Florida.

In a statement following his election, Moussas expressed his commitment to the organization's future. "I am deeply honored by the trust placed upon me to lead the Canadian order of AHEPA," he said "My vision is to strengthen our Chapters, inspire the next generation, and expand our philanthropic and cultural initiatives so that the values of Hellenism continue to flourish in Canada and in the diaspora at large."

The newly elected COA Board of Directors are; President – Anastasios Moussas – Toronto, Vice President – James Hutchison – Montreal (below right), Secretary – Alexander Houvardas – Calgary and Treasurer – Nicholas Varvarigos – Montreal



## Hellenic Community Celebrates Achievements Of Consul General Varvarigou

(August 18)

The Hellenic Community of Greater Montreal gathered to celebrate Consul General Katerina Varvarigou's outstanding achievements over the past few years as she prepares to embark on new challenges.



## 34th AHEPA Montreal Annual Invitational Golf Tournament

(August 25)

Photos from the 34th AHEPA Montreal Annual Invitational Golf Tournament.

I would like to thank all the golfers (136), Summerlea Golf & Country Club, all the winners, SPONSORS, volunteers, Greek Roots (George Andreopoulos), President Daughters of Penelope Meandros 168 (Alexandra Sevapsidis) and the Golf Committee (Frank Antoniou (VP, PCP & (Chairman), Dino Bakakis, Harry Babaroutsis (Cochair), Manos Christofidis, Jimmy Dionissopoulos, James Hutchison (PDG), James Kokoris, Peter Papas, John Sakkas, George Tzicas, Timothy P. Tzanakos (President), Nicholas Varvarigos (Secretary) that made this possible.



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**34TH AHEPA Montreal Annual Invitational Golf Tournament**

Photos: Brother H. Barba



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**34TH AHEPA Montreal Annual Invitational Golf Tournament**

Photos: Brother Tzanakos



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Compliments of

**Brother LAZARUS KALIPOLITIS, C. A.M  
and Family**

Past Canadian President



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**BMO**

