



The Mount-Royal Chapter-Newsletter

AHEPA Mount-Royal Chapter News September 2023

The viability of any non-profit organization such as ours relies totally on the dedication and enthusiasm of its members. Like any organization, it requires individuals that are willing to volunteer their time and talent.

Brothers,

The time has come to resume our monthly Chapter meetings. This month it will be held on Wednesday, September 20th at 6:30pm at the Mikri Vouli of the HCGM.

I am looking forward to seeing you all there.

Meanwhile, here is a small report on the main event of the summer, the 101st Annual National Convention in Las Vegas. Actually, the last National Convention I attended was in Las Vegas about seven years ago. Due to my health issues and Covid it took this long for me to attend. After all this time, I found many things had changed, mainly the prices (very expensive.) The changes were not only in the city in general but also in the convention itself. Things had changed and not to the liking of an old dog like me.

However I will concentrate on the positive, I met up with two close friends Nick Aroutzidis from Stratford Ontario and Brother Christo Argiriou from Winnipeg, plus of course the brothers from Vancouver and Toronto. It was such a treat, just getting together with these brothers that I do not get the opportunity to see often.

The Canadian Delegation really shined this time. Starting with the sumptuous cocktail for all the delegates by invitation. The District 23 and Brother James Hutchison were recognized for the biggest increase of memberships in the whole of the AHEPA domain. Brother Bill Sioulas was called up the Grand Banquet where he gave a stirring thank you while receiving his AHEPAN OF THE YEAR award. One could say that Canada made a big splash at the 101st Annual Convention.

The summer season ended with our 2nd Annual Golf Tournament, no need to expand on that. Our Newsletter provides pictures and details of this “fantastic” event.

Please read on.

Fraterally

Frank (Fotios) Antoniou

Montreal AHEPA President



Chapter Meeting

Chapter Meeting
Wed. September 20 2023
@ 6:30pm
Mikri Vouli
Hellenic Community
Center

AGENDA

- Opening of Meeting
6:30 pm
- Roll Call of officers
- Opening Prayer
- Reading of Minutes
- President's Remarks
Welcoming back
Thomas Forologlou
- Initiations
Zissis Fotopoulos
Nicholas Sinoyannis
- Elections Governors
- Financial report
- Golf Tournament report
James Hutchison
- Christmas Party Report
Tim Tzanatos
- For the Good of the order
- 50/50 Draw - Peter Papas
- Closing of Meeting
8:30 pm



The Mount-Royal Chapter-Newsletter

Chapter Executives, Governors of the Board and VPs

Chapter Meeting
Wed. September 20 2023
@ 6:30 p.m.
Mikri Vouli
Hellenic Community Center

Elected Executive Positions:

President Frank Fotios Antoniou, PCP
Vice-President Tim Tzanatos
Treasurer Michael Koklas
Secretary Jim Christou

Board of Governors:

Chairman James Hutchison, DG
Governor 1 TBA
Governor 2 TBA
Governor 3 TBA
Governor 4 TBA

Appointed Positions:

VP Hellenism Ioannis Bougas, PP
VP Philanthropy John Kioussis
VP Civic Responsibility Peter Prassas, PP
VP Hospitality & Entertainment, TBA
Athletic Director Antonios Patrikios
Sons Advisor 1 Michael Koklas
Sons Advisor 2 Jim Christou
Chaplain Rev. Nicholas Andreou
Captain of the Guard Jimmy Dionisopoulos
VP Environment, TBA
VP Education Nicholas Abatzoglou
VP Social Media Tim Tzanatos

Other Open Positions:

Warden, Wellness

AHEPA Montreal

Executives

Frank Antoniou, P.C.P
President
(514) 594-1148

Tim Tzanatos
Vice-President
(514) 661-1310

Michael Koklas
Treasurer
(514) 607-4499

Jim Christou
Secretary
(514) 208-6036

Governors

Chairman of the Board
James Hutchison D.G
(514) 715-0960



Brothers

"As I read the minutes of our last meeting, please keep in mind that each minute actually felt more like an hour."

The meetings will be held the third Wednesday of every month. Locations to be determined.

Wednesday, September 20, 2023 at 6:30 pm

Wednesday, October 15, 2023 at 6:30 pm

Wednesday, November 15, 2023 at 6:30 pm

Sunday, December 3, 2023 – CHRISTMAS PARTY

Wednesday, January 17, 2024 at 6:30 pm

Wednesday, February 21, 2024 at 6:30 pm

Wednesday, March 20, 2024 at 6:30 pm

Wednesday, April 24, 2024 at 6:30 pm

Wednesday, May 22, 2024 at 6:30 pm

Wednesday, June 19, 2024 at 6:30 pm



AHEPA MONTREAL ANNUAL CHRISTMAS PARTY

Sunday, December 3, 2023
12:00 P.M - 5:00 P.M.

Palace Convention Centre
1717 Boul. le Corbusier, Laval, QC H7S 2K7

EVERYONE IS WELCOME

\$60 Adults - \$30 Children (4-12)

All You Can Eat Hot & Cold Buffet

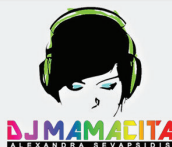
Coffee, Tea and Soft Drinks Included - Cash Bar
Dancing

Children (4-12) Will Get A Christmas Gift
From Santa

Raffle Tickets For Additional Prizes Will Be Sold



Music By



32nd Annual Montreal AHEPA Golf Tournament

On a picturesque day that seemed plucked from the most idyllic pages of a golf calendar, players and fans alike were treated to a spectacular display of skill and camaraderie at the 32nd Annual Montreal AHEPA Golf Tournament.

The tournament took at the Summerlea Golf & Country Club, located near Montreal in Vaudreuil-Dorion, Quebec, on a prestigious course renowned for its exquisite landscaping, undulating fairways, and impeccably manicured greens. Located against a backdrop of rolling hills and framed by majestic oak trees, it provided a harmonious blend of challenges and natural beauty that tested the mettle of players while offering a visual feast for all in attendance.

What truly made this day unforgettable was the weather. Mother Nature outdid herself, gifting the golfers with radiant sunshine from dawn till dusk. Not a cloud marred the sky, and a gentle breeze played an enchanting symphony through the leaves. The temperature was in the Goldilocks zone, neither too hot nor too cold, it was perfect!





The 32nd Annual Montreal AHEPA Tournament attracted a diverse field of golfers, about 120 in number or thirty four-somes, ranging from seasoned professionals to enthusiastic amateurs, all united by their passion for the game.

Registration for the tournament started at 09:30 A.M. and participants received an AHEPA gift bag containing an assortment of goodies. This was followed by hearty breakfast buffet from 10:00 A.M. until tee off time at 12:00 P.M.

The tournament featured a number of contests and food stops strategically located at different holes throughout the course. For instance, Hole #10 featured The Groupe Serpone Hole-In-One Contest with a \$25,000 cash prize, Hole #6 featured the Patisserie St. Martin 6 foot long submarine with Labrosse Beer, Hole # 14 featured the Foodtastic Lunch Station and my personal favorite, Hole #9 featured a The Saganaki & Ouzo break.

In the end, as the sun began its descent champions emerged in each category, greeted by a waiting crowd in the pool area. There were \$4,000 worth of draw prizes and another \$2,000 in Raffle prizes. The winning foursome golfers were Peter Housakos, Adam Lee, Nick Peacock

and Spencer Shelton. Adam Lee the closest to the pin winner won a 55 inch Hisense 4K Smart LED HDTV valued at over \$750.00 and Olivier L'Heureux was the longest drive winner.

Finally, I would like to thank all the sponsors and volunteers that helped make The 32nd Annual Montreal AHEPA Tournament a success.

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Volunteers

Nancy Dubois
Cristina Sawedra-Mamounis
Spyridonas Pettas
Alexandra Sevapsidis
Stecey Economou
MTL SOP
Dina Hutchison
Irena Hutchison
Phylis



Written by: Timothy P. Tzanakos, VP AHEPA CJ7

Get to Know Five Ages of Greek Mythology



In Greek mythology, we tend to think that the stories are mostly about the gods and goddesses. However, there are other figures to consider, such as monsters and even humans. Life for mortals in Greek mythology is often divided into five different stages: gold, silver, bronze, heroic, and iron. In a way, it's a description of the fall of man from grace. Here, we will go into a little more detail about the five ages of man in Greek mythology.

Gold Age

During this time, Cronus ruled. Man lived a peaceful life. It was eternally spring, and people seemed to age backward. Mortals didn't feel pain when they died. When they died, they still walked the earth in a ghost form. They also didn't have to do manual labor. Instead, they lived with the gods and everything was provided for them. People lived in peace, and there was not war.

Silver Age

After Zeus defeated the Titans and took over leadership of the world, the silver age began. He would be the leader of the rest of the ages. Man no longer walked with the gods as they did before. Men lived at home for most of their lives until experiencing an arrested adulthood. Since man was ungrateful, new leader Zeus emphasized how inferior man was to the gods. When men died, they went to Hades. People who died at this time became known as the "blessed spirits".

Bronze Age

Humans in the bronze age were made by Zeus out of the ash tree, and they were fiery. Their main focus was war. Being brutes, they only ate meat. This era is known as the bronze age since it was what they used to create their weapons. The people did not have much substance past their fighting, and they continued to kill each other off. When the men died, they did not have spirits. They just wallowed in Hades. This age was finally ended by a giant flood.

Heroic Age

As the name implies, this was the age of heroes. The Trojan War was fought during this time. While the state of man seems to deteriorate, this is the one age where mankind redeemed themselves a bit. The men of this age were heroic and god-like. Some were indeed related to the gods, like Achilles. When men died in this era, they went to Elysium. This was a special afterlife reserved for the best mortals.

Iron Age

The iron age represents a separation of man from the gods. Being away from the gods, mortals live in a world of suffering. The suffering is caused by each other. Human decency that used to be a normal social contract ceased to exist. Families fought against each other, and travelers were not greeted by others.

People no longer felt shame about these atrocities. Hesiod, who came up with these five ages, lived in this time. It demonstrates his view of the society he lived in. He predicted that Zeus would come down and destroy the race for their behavior.

Hesiod gave us these five ages to help describe how humanity progressed through time. Unfortunately, except for the age of heroes, humanity continued to decline. We wonder if we are now in a period of progression or decline today.





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